|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Look at the salt or sodium content on food labels** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 558 | 25.9 | 20.0 - 33.0 | 975 | 22.9 | 18.9 - 27.4 | 1533 | 24.0 | 20.5 - 27.9 |
| 30-44 | 607 | 32.4 | 26.3 - 39.1 | 1058 | 27.9 | 23.3 - 32.9 | 1665 | 29.5 | 25.8 - 33.6 |
| 45-59 | 278 | 27.2 | 17.6 - 39.5 | 452 | 23.6 | 16.1 - 33.2 | 730 | 25.0 | 18.9 - 32.3 |
| 45-69 | 242 | 22.8 | 16.9 - 30.0 | 427 | 18.9 | 14.7 - 23.9 | 669 | 20.7 | 17.0 - 24.9 |
| 60-69 | 115 | 33.4 | 17.5 - 54.4 | 260 | 23.6 | 15.4 - 34.3 | 375 | 27.7 | 18.7 - 39.1 |
| **Total** | **1800** | **28.0** | **24.2 - 32.0** | **3172** | **24.2** | **21.6 - 27.0** | **4972** | **25.7** | **23.5 - 28.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1018 | 29.2 | 23.7 - 35.3 | 1818 | 24.9 | 21.3 - 28.8 | 2836 | 26.5 | 23.3 - 29.8 |
| Urban | 782 | 26.4 | 21.9 - 31.5 | 1354 | 23.1 | 19.9 - 26.7 | 2136 | 24.5 | 21.8 - 27.4 |